



AS FEATURED ON

I specialize in a proven 10 step program to help couples increase the love, passion and happiness in their marriage in 30 days or less...Guaranteed!"

Nicola Beer



Free E-books & Audio Podcasts available at www.savemymarriageprogram.com

**"How Linda
Single-Handedly
Saved Her Marriage &
Transformed
Resentment Into Love in
Less than 45 Days".**

Book your Complimentary **Save My Marriage** Consultation today.
Visit www.savemymarriageprogram.com/consult | nicola@purepeacecoaching.com | +971 50 94 54 233



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Executive Summary

Linda was fed up and frustrated at David's attitude when he got in from work, always in a bad mood, complaining and throwing insults. They fought every day and Linda and her children started to dread him coming home, resentment had built on both sides to an intolerable level. Linda took action, invested in herself and families future and learnt new skills to turn the relationship around. Now their best friends again: laughing, chatting and having fun with the children.

Challenges

Linda was frustrated and disappointed with David, he had become so irritable and distant over the years. This was always made worse when he drank, which he was doing more and more frequently and sometimes his anger was out of control. She went from feeling angry and sad for her and the children to being worried about him. Linda struggled to see how things could have gotten so bad, so quickly after their second child. Whenever she tried to talk to him about it, he would always blame her. Telling her, that it was her fault for making him this way or that she was being "too sensitive" again.

Linda had many questions before she began the Save My Marriage Program. She wanted to know:

If it was possible for her husband to change?,

If he had a drinking problem?

If anger management works?

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If it was possible for her to save the marriage on her own ?

If they would be better off breaking up and getting divorced?

Divorce is not what she wanted but she felt hopeless to change things. David wouldn't listen and didn't want to start the marriage support, he was too busy.

How I Helped

During the "Save My Marriage Program" Linda learnt how to motivate David to change, how to influence his behavior and calm his anger. She also discovered more about herself and how perhaps she was contributing to make the situation worse.

Linda became aware of her power to make David smile and put him at ease when he got stressed. The strategies implemented made a real difference because they didn't involve sitting down and talking, which Linda knew would escalate his anger, instead she made daily adjustments and watched him become more like his old-self again.

Using the tools in the program, Linda was also able to overcome the resentment she felt towards David. Resentment is repressed anger built over-time and consumes a tremendous amount of energy. Releasing this Linda said she felt alive again and had more energy to enjoy activities with her children and David.

Results

Linda single-handedly managed to help David snap out of his stress and bad moods. David became more interested in her and the children's lives and had more energy and enthusiasm at the weekends. Through her actions she saw a real change in him, he started being more affectionate and respectful to her needs.

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Linda's biggest breakthrough was being able to finally discuss some previous "off limit" topics with David. She shared her love and concern about the drinking and anger and David agreed to address it and followed through with some coaching. Linda never ever thought that would be possible. The biggest result for Linda however is the impact David's new attitude is having on the children, now they jump all over him when he gets in and live for the weekends where they get to spend more time with him. It's as though we are a NEW family she said.

Client Testimonials

"I was so surprised how well the strategies in the program actually worked, I read up lots before on anger, drinking and aggression and most of what I found said , you can't do anything but wait for them to want to change... but I knew if I had waited our relationship and marriage would be over.

There was so much useful information given on how to create more love, motivate your spouse, anger, problem behaviors, how to handle conflict, how to make joint decisions. It was well worth the money and time I spent for me and the children. I'd never of thought you could save a relationship on your own before, but you can.

The only part that was difficult was fighting the voice in my head that kept on saying "why do I have to go first' "why is it always me" "why should I be kind to him when he is so difficult" Nicola really helped me with that to see that, that way of thinking kills the relationship. We were both guilty of doing that before and why we had become so cold towards each other. We were in a deadlock waiting for the other to change first. Thanks Nicola, your program changed our lives"

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My Special Gift To You - Free "Save My Marriage Consultation"

The consultation is best suited for you if...

You are constantly disappointed or frustrated with your partners behavior or the way you are relating.

You want to save your marriage but are not sure how to go about it

You've experienced or are experiencing one of the following marriage problems

Infidelity

Broken Trust

The Threat of Divorce

Money Conflicts

Addictive Habits

Family Interference

Separation

Child Rearing Disputes

Poor Communication

No Sex

Lack of Appreciation

No Affection

Boredom

Anger Issues

Jealousy /Control Conflicts

Are any of the above are true for you?

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